

	<i>ORGANIC CULTIVATION</i>	<i>SOCIAL AND THERAPEUTIC</i>	<i>INTRODUCING ALLOTMENTS</i>	<i>EXPLORING BIODYNAMICS</i>	<i>EATING PERMACULTURE</i>
1	INTRODUCTION Defining Organics	ORGANIC CULTURE People and Process	Introduction How Organic? Examples of Best Practice	ORIGINS and HISTORY Anthroposophy	PRINCIPLES TRADITIONS
2	SOIL IMPROVEMENT	CONTEXT HISTORY	Plots History and Archaeology Development and Design	TIME AND TIMING Lunar Calendar	CONTINUOUS CROPPING
3	FERTILITY Composts and Concentrates	HEALTH, FOOD NUTRITION	Soil Nutrition Ecology and Improvement	PREPARATIONS Potentising and Succussion	PROPAGATION Seeds and Cuttings
4	SITES and DESIGN	PROJECTS	Inputs Resources / Infrastructure / Structures	THE ELEMENTS Flows and Cycles	PLANTING Trees and Bushes
5	CROPS Season Extension	HORTICHOLOGY / HORTICHIATRY	Cultivation Processes Techniques	SOIL SCULPTURE Contours	PRUNING Aftercare Maintenance
6	PLANT HEALTH Pests and Diseases	THERAPY	Botany – Crops Biology – Plant Lifecycle	THE PLANT Projective Geometry	LAND – Models and Issues
7	CULTIVATION Strategies Techniques	GROWING TOGETHER	Plant Health Pests, Diseases, Problems	TOOLS and TECHNIQUES	SYSTEMS Case Study – Orchard Allotments
8	GROWING SYSTEMS Propagation / Media	SOCIAL and COMMUNITY	Propagation Growing Media Herbs / Companion Plants	SENSITIVE SCIENCE Flow Forms	DESIGN Case Study – Kitchen Garden Restoration
9	FRUIT and PERENNIALS Planting / Aftercare	ORGANISATION	Growing Systems Rotations / No-Dig	COSMIC CONNECTIONS	Parks/Public Space Case Study– Ponderosa
10	HARVESTING SEEDS	FUTURE DEVELOPMENT	Harvest Surplus Seeds	SOCIAL ORGANISMS	The FUTURE is PERMANENT