

EDICULTURE 2009

5 COURSES about FOOD GROWING all 7-9 pm
Mon 26th Jan ORGANIC CULTIVATION

Food Production for Home and Kitchen Garden

The fundamental principles of Organic Horticulture.

Relevant and useful for beginners and experienced growers.

Tues 27th SOCIAL and THERAPEUTIC Horticulture

Let's collaborate and co-operate to achieve our growing goals.

The therapeutic potentials of growing food are good for everyone.

This course will summarise and review current provision in Sheffield.

Wed 28th Introduction to ALLOTMENTS

The How and Why of modern Allotmenting.

Includes the local history of plotting in Sheffield.

All you need to know to create a little bit of paradise on earth.

Thurs 29th Exploring BIO-DYNAMICS

A Common-Sense Guide to Bio-Dynamic Techniques and Philosophy

Bio-dynamics is a next step on from basic Organic growing and is founded upon a solid basis of benign practices, the timeless wisdom accumulated by peasant cultures over many generations

Fri 30th Eating PERMACULTURE

Focus on perennial, long-term systems. Illustrated by relevant, local case studies. Guarantees that you invest time and energy wisely in fulfilling your own vision of an abundant food future.

Venue: **Walkley Community Centre, 7 Fir St, S6 3TG**

£ 75 per Course (10 weeks x 2 hours per week)

Tutor: Richard Clare (Sheffield Organic Food Initiative)

Sign-up on-line: www.organic-guru.co.uk

Enquiries: 2686727 or 07771 832759