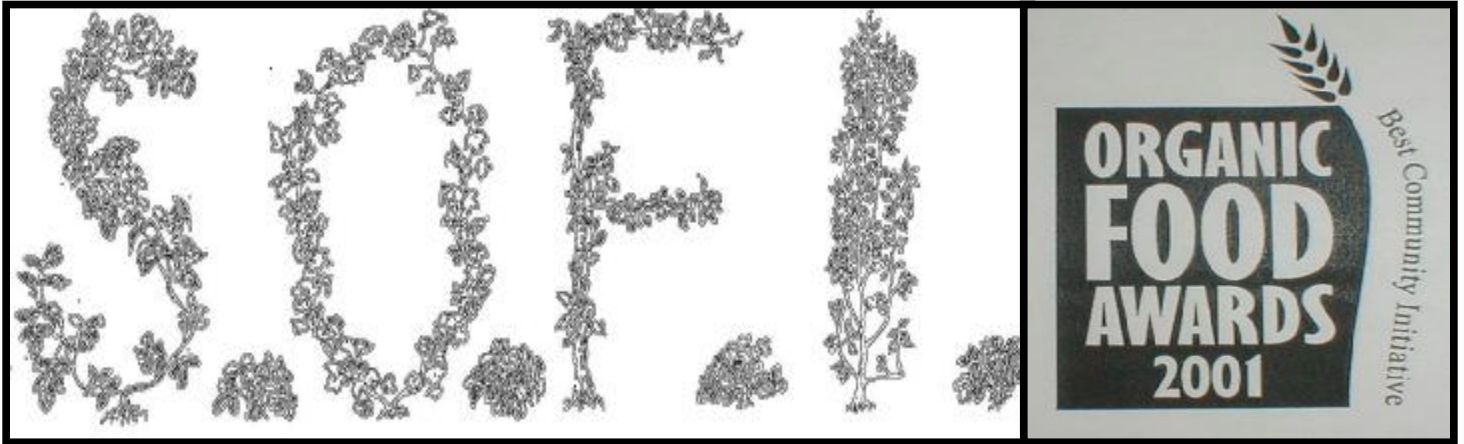


# SHEFFIELD ORGANIC FOOD INITIATIVE



## SEEDBANK 2003

Grown on 20 urban allotments and at Unstone Grange.

**YOUR NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**TELEPHONE / e-mail:** \_\_\_\_\_

How much growing space ? Small  Medium  Large

Do you have? A Greenhouse  Polytunnel  Shelter

How much experience do you have of food growing?

Beginner  Years of experience  Fully Competent

Do you want to save seed yourself?  Heritage varieties?

To place an order, please return this sheet to **S.O.F.I. c/o  
RICHARD CLARE, 41b Burns Road, S6 3GL**

**0114 2686727 / 07771 832759**

Seeds are **FREE**, but a contribution to the costs of packing,  
or a donation to **S.O.F.I.** would be appreciated. charity No: 1076110

Please circle, underline or highlight the varieties you want...

## FRUITS

### TOMATOES

**SALAD** Cheetham's Potato Leaf / Banana Legs / Harbinger /  
Tigerella / Golden Sunrise / Yellow Perfection

**CHERRY** Ildi (Yellow) / Zuckertraube / Yellow Butterfly / Red Currant

**BEEFSTEAK** Druzba / Hugh's / Brandywine / Pineapple (Anassas)

**PLUM** Oxheart Giant / Yellow Stuffer / Amish Paste

**PEPPERS** Pimento de Padrou / Ampuis / Jalapeno / Macedonian /  
Doux Long des Landes / Cubanelle / Long Spanish / Hungarian /  
Yellow Bell ( D'Asti Gallo ) / Deep Purple / Cascabel / Rocatillo

**CHILES** Hot Banana / Scotch Bonnet **PUMPKIN** Connecticut Field

**CUCUMBERS** Le Genereux / White Wonder

**WINTER SQUASH** Butternut / Acorn / Butter-Kabocha / Pompeon /  
Hubby-Kuri / Crown Prince / Marina di Chioggia / Red Kuri /  
Uchiki Kuri / Buttercup / Blue Kabocha / Blue Hubbard /  
Golden Hubbard / Golden Delicious / Wanga

Malabar Melon = Shark's Fin Squash / Lady Godiva (for seed)

**COURGETTE** ( round ) Tondo di Nizza **ACHOCHA** Bitter gourd

**SWEET CORN** Golden Bantam / Incan Rainbow

**POP CORN** Strawberry **ALPINE STRAWBERRY** **RHUBARB**

**GRAINS** Quinoa / Maris Widgeon Wheat / Hungarian Grazing Rye

## LEGUMES

**PEAS** (ALL TALL 6 Ft / 2 Metres) Mixed Varieties

**OLD ENGLISH GARDEN PEAS** Alderman / Epicure / Magnum Bonum /  
Ne Plus Ultra / Progreta **CHICK PEA** Kool's

**HARDY / EARLY / SMOOTH** Mixed / Pilot / Champion of England /  
Frueher Heinrich / Haarsteegse / Wuringer / Veitch's Western Express

**BLACK-EYE** ( **CAPUCJIN / BEAN-PEAS** ) Vroege / Langedyker

**SUGAR / SNOW** Carouby de Mousanne

**PURPLE** Purple Podded / Commander / Dun Pea

**DWARF BEANS** Deuil Fin Precoce / Giethoornse Red /

Black Valentine / Bosnian Cream / Bosnian Brown / Bosnian Pink

**CLIMBING BEANS** Poletshka

**PEA-BEANS** Jack Edwards (climbing) / Dwarf Pea Bean (Yin-yang)

**RUNNER BEANS** Mixed Varieties / Black Knight / Butler / Painted Lady

**BROAD BEANS** Gloster Bounty / Hangdown Green / Londonderry /  
Red Continental / Martock

## ROOTS

**CARROTS** John's Purple / Autumn King  
**BEETROOT** Devoy / Dobie's Purple / Bull's Blood /  
Barabietola di Chioggia / Golden Beetroot / Blankoma /  
Swedish Sugarbeet / Mangelwurzel  
**LEEKs** Saint Victor / Giant Winter / Long French Early  
**RADISH (Winter)** China Rose / Black Spanish  
**CELERY** Golden Self-blanching  
**CELERIAC** Tellus  
**SALSIFY** Vegetable Oyster  
**PARSNIP** Guernsey  
**ONION** Strigonovsky  
**SHALLOTS** Scarborough Red

## LEAF CROPS

**KALES** Adcock's Purple / Asparagus / Tuscan Black /  
Cottager's / Purple Rapini / Ragged Jack / Spis Bladene /  
Thousandhead / Vate's Blue Curled / Westfalian  
**SPRING GREENS (COLLARDS)** Flower Of Spring  
**SPRING CAULIFLOWER** Saint George  
**SPINACH** Strawberry Spinach / Tree Spinach / Medania /  
Perpetual Leafbeet / Kalaloo (Leaf Amaranth)  
**LETTUCE ( over-wintering )** Paris Cos  
**CRESS** Greek Cress / American Land Cress / Watercress  
**WINTER SALADS** Corn Salad (Lamb's Lettuce) /  
Claytonia (Winter Purslane)  
**ORIENTAL MUSTARDS** Giant Red / Osaka Purple / Magma /  
Miike Giant / Komatsuna / Outdoor (hardy) /  
Pak Choi - Joy Choi  
Shungiku ( Chopsuey / Garland Chrysanthemum )

## **CULINARY HERBS**

**Dill / Garlic Chives / Chives / Coriander / Rocket / Parsley / Sorrel / Orange Thyme**

**Basils - Lemon / Purple / Sweet**

## **MEDICINAL HERBS**

**Agastache (Mexican Hyssop) / Korean Mint / American Poke Root / Aquilegia / Catnip / Cowslip / Evening Primrose / Feverfew / Figwort / Heartsease (Viola Tricolor) / Helenium (Elecampane) / Henbane / Honesty / Lavender (Vera) / Lovage / Marshmallow / Meadowsweet / Mullein / Opium Poppy / Pyrethrum / Sage / Woad / Self-heal / Skullcap / St John's Wort / Vervain / White Horehound / White Valerian**

## **COMPANION PLANTS**

**Borage / Calendula (Marigold) / Californian Poppy / Cerinthe / Chamomile (wild) / Clary Sage / Cornflower / Henbane / Lavender / Nasturtium / Phacelia Tanacetifolium / Poached Egg Plant ( Limnanthes Douglasii ) / Sweet Rocket / Summer Savory / Sunflower - Tiger's Eye / Teasel**

**TOBACCO**

**Virginia / Rustica (wild)**