

## TEACHING RECORD

Richard has been running courses to initiate aspiring organic growers to the theory, practice and culture of food-growing for the past eight years. More than 100 people have studied with him. Several people have effectively become apprentices who have then gone on to set up new gardens and food growing projects.

Teaching Qualifications:

City and Guilds 7307 –Training for Trainers

Studied one year of PGCE course at Sheffield Hallam Univ.

I have delivered courses on *Organic Food Growing* for the following organisations:-

- Derbyshire Adult and Community Education Service
- Workers' Educational Association: Stocksbridge
- North-West Inner City Futures Fund
- Green City Action: Burngreave
- Netherthorpe and Upperthorpe Community Alliance
- The Gardening for Health project
- Sheffield Adult Community Learning Unit

I have also developed and authored accredited Learning Programmes for:

- Sheffield Open College Network
- North-East Midlands Open College Network
- South Yorkshire and the Humber O.C.N.

FORMER STUDENTS INCLUDE:

- Community gardeners / Allotmenters / Smallholders
- Teachers / Nurses / Doctors / Herbalists
- Care workers / Occupational therapists
- Landscape gardeners
- Community development workers
- University students and lecturers
- Local authority Health Projects manager
- Manager of Hackney City Farm
- Manager of Local Enterprise Around Food project
- Head of the Manor Regeneration project
- Director of Genewatch
- Secretary of Sheffield Floral Society

# Organisations I've worked with...

## COMMUNITY

- Ponderosa Environmental Group
- Womens' Organic Community Allotment
- LEAF Local Enterprise Around Food
- Greenfingers therapeutic gardening project
- Uppertorpe Healthy Living Centre
- Heeley Health project
- Meersbrook community allotment
- Limbrick Day Centre allotment
- Walkley Community Centre
- Crookesmoor community centre
- Crookesmoor Training Centre
- Broomhall Community centre
- Schools: Netherthorpe, Westways, Hope Primary, Hope Valley College
- Burngreave Permaculture group
- Gleadless Valley Wildlife group
- New Roots Ashram shop
- Beanies wholefoods
- The Ecology Company / RECYC
- Wood Lane Countryside Centre
- Coalfields Regeneration project
- Hunloke Community Gardens, Chesterfield
- St Ann's Road allotments, Nottingham

## LOCAL

- Sheffield University – Plant and Animal Sciences
- Sheffield Hallam Univ – Joint Institute of Social and Economic Research
- NHS Health Promotions
- Sheffield Healthy Gardening Group
- Sheffield Green Map project
- Sheffield Wildlife Trust
- Sheffield Environmental Training
- Heeley City Farm
- Netherthorpe and Uppertorpe Community Alliance
- Sheffield Green Party
- Sheffield City Council – Planning and Development
  - Recycling / Local Agenda 21
  - Leisure and Environment
- Sheffield First for the Environment (Sf4E)
- VAS Voluntary Action Sheffield
- Futures Fund (SRB / ERDF)
- OCN Open College Network (South Yorkshire and the Humber)
- NEMOCN North-East Midlands Open College Network
- Derbyshire Learning and Skills Council
- Consortium on Opportunities for Volunteering (Volunteering England)
- SCEDU Sheffield Community Economic Development Unit
- SCRAP Sheffield Community Recycling Action Programme

## NATIONAL

- Henry Doubleday Research Association
- Soil Association – Certification
- Soil Association Local Food Links, Food Futures
- Compost Association
- Community Compost Network
- SUSTAIN – food poverty network
- THRIVE – Therapeutic Horticulture Network
- Growing Together: Loughborough University research into Therapeutic Gardening
- Good Gardeners' Association
- Permaculture Association
- Plants for a Future
- Federation of Community Gardens and City Farms
- Cultivations
- Groundswell homelessness charity
- The Land is Ours / Chapter 7

## C.V. Summary

- Over the past 15 years, Richard Clare has introduced thousands of people to the many practical benefits of Organic growing, either as volunteers or as visitors to projects he has run.
- Richard has taught courses about Organic food production to hundreds of people in the voluntary and community sector. 30 students 2005
- He wrote and delivered a Learning Programme, Organic Culture and Cultivation, accredited by the Open College Network.
- Richard was responsible for planting four acres of native woodland and a community-access orchard on the **Ponderosa Open Space** in inner-city Sheffield.
- **Green Gym** at Netherthorpe and Upperthorpe Healthy Living Centre
- Productive gardens at Crookesmoor Community Centre
- Co-ordinated the restoration of a walled kitchen garden over ten years.
- Soil Association Organic symbol holder for 5 years.
- Numerous workshops and projects for schools and community groups in Sheffield and the Peak District.
- Set up the Healthy Gardening Group in 1995 to provide practical support and a small grants fund to stimulate more grassroots growing projects in Sheffield.
- Introduced Sheffield to the **Food Futures** agenda in 1997, which led to the establishment of two Farmers' Markets.
- Set up Sheffield Organic Food Initiative as a charity and won the Soil Association's prestigious Organic Food Awards for Best Community initiative in 2001.
- Support and advice to many community growing initiatives in Sheffield, such as the **Women's Organic Community allotment** in Walkley, the **Greenfingers Horticultural Therapy** project in Pitsmoor and the **LEAF ( Local Enterprise around Food)** project in Parson Cross.
- Maintained 8 allotments in Crookes and Rivelin for the past 10 years, including three forest garden permaculture plots.

Winter (October – March) – **Theory of Organic Cultivation** –

Principles of Organics, Biodynamics and Permaculture for food growing.

Spring (March to June) - ***Practical Organic Cultivation*** –

Series of workshops explaining essential skills and techniques.

Autumn (October to December)- ***Organic Culture*** –

The social and therapeutic uses of organic growing.

## RICHARD CLARE –ALLOTMENT CREDENTIALS

Started allotment in 1988. I rent two plots.

For 10 last years, helped to maintain 8 plots with friends.

Helped start and / or maintain more than 100 allotments .

1990-1992 Set up Crookes Special Allotment for disabled

1992 Initiated the Healthy Gardening Group (and Chairman for 1 year)

1994 Initiated HGG Grants. Panel member for 3 years.

1997 I caught an arsonist who later admitted in court to burning down 80 allotment huts as well as Council depots and schools

1998 Set up Sheffield Organic Food Initiative (SOFI) as a charity to promote Organics, Biodynamics and Permaculture.

1999 Employed as Local Food Development worker

2000 Consultant to Sheffield Univ. (WAMTEC) and Sheffield Wildlife Trust Compost Plans.

Soil Contamination survey with Sheffield Univ Plant and Animal Sciences.

2001 Initiated the group which produced the Green Food Map of Sheffield  
SOFI win Soil Association Organic Food Award - Best Community group  
Open College Network -accredited course, *Organic Culture and Cultivation*

2000 –2003 Ran Organic Allotment Volunteering and Training Schemes funded by SCEDU / Futures Fund (SRB / ERDF)

1999 – 2003 SOFI invested £20,000 public funding in allotments projects.

2002 Contributed to SCC Allotments Strategy

2003 Managed the Womens' Organic Community Allotment

2002 - 4 Participated in THRIVE / Loughborough University research into therapeutic horticulture.

2005 Courses for 50 students.

External supervision for Community projects